

# **Doctors Don't Know How to Heal !**

Barring divine intervention, the body is the only healer of itself. This is a statement of fact that I think we all instinctively know but sometimes forget. These days we seem to rely so much on our doctors that we might even begin to think that they or their prescriptions or modalities are doing the healing. It's just not so.

In over 23 years of treating people, I have never even once healed any person or any condition. I have seen wonderful, incredible, and even seemingly miraculous healings, but I have never been the main cause of the healing that has occurred. The doctor can only be a facilitator of any healing that might occur. In a way, he is the middle man, nothing more !

Our body was created as a healing machine. In science, homeostasis is the name given to this incredible ability of the body to strive for normalcy. In fact, the body is continually trying to heal itself. It's automatic ! The same way your body makes your heart beat, your lungs breathe, and your eyes see, it performs all of its duties, including healing, in an almost magical way that we sometimes take for granted.

Actually, the body is always the very best it can be with what it has to work with. The job of all doctors is to do things and make recommendations that will in essence give the body more to work with. It's a simple philosophy but truth is almost always simple.

The two most important questions that our patients have are: "Can my problem be corrected?" and "How quickly can you take care of my problem?" If it was entirely up to me I desire that every patient would get well in one treatment every single time. I truly wish that

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was possible, but I know it isn't. I have often said that if someone knows a doctor that is getting every patient well in one or two visits, let me know who they are and I will send all of my patients to them. Obviously, there is no one around like that whom I have heard about.

Whether and when a person gets well depends alot on what I call The Rubber Band Concept. It goes like this. The body is very similar to a rubber band in the following sense. If you stretch (stress) a rubber band only a little and for not too long, it has the ability to rebound and return to its perfect normal shape. But if you stretch it too far or too long, even when you take the stress off of it, it can never return to its original perfection. Similarly, the body has this amazing ability to bounce back. But if it is stressed too much and/or too long, it may never be able to return to normal status.

An example of this might be an old injury that has lead to degenerative disc disease. Only God can make the disc normal again. But there are things that can be done with conservative Chiropractic care that can help to balance the area and hopefully eliminate the pain. Additionally, there are some recommendations I can make to help keep the area balanced and more nutritionally sound.

It is my goal to help every patient become healthier and pain-free as quickly and inexpensively as possible. If that can be achieved in one or two visits, I will be just as happy as you. Most cases, of course, take longer; but I will never have a patient come in for care any longer than they need.

I thank you for allowing me to be your partner in your quest for a healthier body. My training and experience in both Chiropractic and Nutrition is extensive. I promise to utilize all of my abilities and resources to help you. Hopefully together as a team we will be successful.